

# AGENDA: CPEG Annual General Meeting Saturday February 11, 2023, 0830-1030h Main Plenary Fortifications Room, Le Westin Montreal

- 08h30 Call to Order, Approval of Agenda, Approval of Minutes
- 08h35 President's Report
- 08h40 Treasurer's Report
- 08h50 Secretary's Report
- 08h55 Standing Committee Reports
  - 1. Fellowship Committee
  - 2. Scientific Planning Committee
  - 3. CPEN
- 09h10 Elections/Openings on CPEG Executive Committee 1. Treasurer
  - 2. Secretary
- 09h20 CPEG Advocacy Grant
  - 1. DKA Prevention Project Rayzel Shulman
  - 2. Grant Competition 2022
- 09h35 Collaborative Projects/Updates/Discussions
- 10h15 Center News and Job Openings



MINUTES: CPEG Annual General Meeting Saturday Feb 11, 2023 0830 Fortifications room, Le Westin Montreal

# 1. Call to order & Approval of Agenda- Diane Wherrett

- Motion to approve agenda
- First: Melanie Henderson, Preetha Krishnamoorthy
  100% approved, 0% abstained, 27 votes
- Motion to approve minutes
- First: Liz sellers and Liz Rosolowsky
  - 100% approved, 0% abstained, 33 votes

# 2. President's Report- Diane Wherrett

- Thank you to Scientific Committee, Melanie Henderson and Seth Marks, local committee and U of T CPD for organizing this virtual conference
- Thank you to departing executive members Munier Nour (Treasurer) and Seth Marks (Scientific Committee Chair)
- CPEG Distinguished Service Award
  - Will be awarded on Saturday at the CPEG conference
  - Awarded every 1-3 years to a member who has shown exemplary service to the organization and discipline of pediatric endocrinology in Canada and has furthered the aims of CPEG in one or more of the following areas: Administration, Teaching, Research, Clinical Service
  - Call for nominations will open again in the fall
  - Nomination application requires a letter describing the contributions of the nominee and signed by 2 CPEG members (in good standing)
- Thank you to Dan Metzger
- Highlights of 2022-23
  - Move back to in person CPEG Scientific meeting
  - Successful sponsorship for the meeting
  - Ongoing support for research fellowships
  - Review of CPS statement care for gender diverse youth
  - Establish collaboration with CSEM
  - Awarding of first Advocacy Grant
  - Progress on collaborative projects
    - CPSP ONH SOD
    - DKA prevention
    - Hypoglycemia in ALL patients



- CAPACIty
- iCARE
- CPEG advocacy Grant
  - One funded- planning and partnership development for a scalable intervention to prevent diabetes ketoacidosis (DKA) in children at diabetes diagnosis in Canada, led by Rayzie Shulman
  - Second application under review

# 3. Treasurer's Report- Munier Nour

- Finances by Sebastien Proulx, CPA . Villeneuve Gagne Stebenne Proulx Inc
- Sponsorship was good \$199 970 this year
- Investments came to completion \$20K this year
- Expenses- fees for virtual format were lower, increased this year due to in person meeting
- 2022 Surplus \$172 446 as compared to a \$173 233 surplus in 2021, largely due to increased meeting sponsorship and lower meeting expenses during the virtual meeting years.
- Prepaid portion for UofT CPD of \$5,500
- Liabilities- ~\$400K funds held for fellowship and SWEET funds
- Current assets: Total \$1,029,062, but approximately \$424 627 is held for CPEG Fellowships.
- Closing balance for 2022 is \$1,029,062 (2021 was \$856,616 ) opening balance was \$856,616, with a \$172,446 surplus)
- Motion to approve 2022 financial statements.
  - First- Beth cummings, Dan Metzger
  - Vote: 98 % approve, 2% abstain, 45 votes
- Motion to allow future treasurer discretion on the selection of accountant/firm and the reporting method for 2023 finances
  - First Melanie Henderson, second: Nathalie Alos
  - Vote: 100% approve, 0% abstain, 50 votes
- CPEG Executive would welcome any ideas from the CPEG membership for projects and initiatives to pursue utilizing some of these surplus CPEG funds.
- Anticipated expenses for 2023:
  - \$3500 notice to reader, accounting app
  - Website no big changes, \$5000/year website expenses
- Budget predictions:
  - Expenses \$221,158
  - Anticipated loss \$3095
- Acknowledgment of Dan Metzger
- 4. Secretary's Report- Manpreet Doulla



- Membership due **December 31**<sup>st</sup> every year
- Application and payment online <a href="https://cpeg-gcep.net">https://cpeg-gcep.net</a>
  - CPEG Full Member: \$80/year
  - CPEN Member: \$35/year
  - Emeritus: FREE
  - Fellows/trainees: FREE
  - Fellows must update their status on-line after completing training
- Current number of CPEG Members in good standing:
  - Full members: 108
  - Fellows: 33
  - Residents/students: 16
  - CPEN: 30
  - Emeritus/retired: 10
  - Other: 2
- Not in good standing: 7 CPEN and 24 CPEG
  - Check your status on the CPEG website
  - Need to reapply for CPEG membership if desired
  - Non-CPEG member rate for CPEG Scientific Meeting registration
  - No access to the members-only section of the CPEG website
  - Not allowed to vote in the CPEG AGM
- CPEG Website
  - Membership information
  - Information of CPEG processes for policies/statements/endorsements
  - Forums
  - CPEG conference information
  - Travel Grant
  - Awards
  - CPEG Fellowships
  - CPEN resources and minutes
  - CPEG member directory
- Acknowledgement of Dan Metzger for his technical support and rapid response to emails

#### 5. Standing Committee Reports

- Fellowship Committee- Preetha Krishnamoorthy
  - Mission statement of the CPEG Fellowship program:
    - The mission of the Canadian Pediatric Endocrine Group <u>Fellowship Program</u> is the promotion and the development of Pediatric Endocrinologists.



- Priority will be given to those who plan to pursue a career within Canada.
- By providing salary and/or operating funds for training, the awardees will be enabled to expand their research, pedagogical, clinical, and/or advocacy skills for children with endocrine disorders.
- Sponsors:
  - Continued generous support from: Eli Lilly, Novo Nordisk, Pfizer, EMD Serono, Eli Lilly
  - Total funding received this year: \$280,000
- 2 CPEG fellowships awarded
  - Salary stipend remained at \$80,000, last increased in 2021
  - Salary is similar to the resident agreements for the PGY- level across the country, although there are some differences between provincial salaries of residents.
  - Congratulations to Joshua Stanley- fertility preservation for transgender and gender diverse youth: development and assessment of a patient centered e learning module, University of Toronto
  - Congratulations to Supraja Rengan Weight stigma in the pediatric diabetes population: evaluating patient level factors and diabetes related outcomes. University of British Columbia
- Thank you to the 2023 Fellowship Committee Members:
  - Preetha Krishnmoorthy (Chair)
  - Teresa Pinto
  - Rachel Scott
  - Elizabeth Sellers
  - Stavroula Christopoulos (Adult Endo)
- Anticipated deadline for the next CPEG Fellowship applications will be **Monday November 27, 2023**.

# • Scientific Planning Committee- Seth Marks

- The 2023 Scientific committee members are:
  - Seth Marks (Chair), Melanie Henderson (Local Chair), Rebecca Perry (Incoming Chair), Diane Wherrett, Manpreet Doulla, Sharon Costantini, Wendy Schwarz, Mark Inman, Raelynn Friesen, Lyne Chiniara, Despoina Manousaki, Annie Gervais, Caroline Boucher, Paola Luca, Kate Potter, Genevieve Nadeau, Munier Nour (exofficio). Added 2 membership at large positions in 2023 terms of reference
- 1<sup>st</sup> year back in person after 2 years of virtual



- CPEG 2023 Conference registration:
  - Highest registration ever- 216 registrants (excluding 53 industry), 163 attendees
  - 2020 was 179 (last in person meeting)
  - Hybrid option was considered, but concerns about attendance
    a. Costs would be similar for hybrid
  - More satellite symposia this year than in past in person meetings. Only allowing 3 satellite symposiums
    - a. Due to in person and space
    - b. Limits on number of platinum sponsors
    - c. Cheri Deal noted concerns that the space for symposium was restricted this year, acknowledged. CPEG meeting is relatively small for hotel standards, therefore restrictions on space availability.
  - Sponsorship excellent during 2 virtual years, a bit less this year but beyond last in person (2020) meeting. 2023 sponsorship \$170,000, 2020 sponsorship was \$155,000. Small deficit predicted.
- Abstract criteria:
  - Any CPEG member can submit an abstract (limit of 2 per first author)
  - All medical trainees (e.g. medical students, pediatrics residents, and non-Canadian-based Pediatric Endocrinology Fellows/Subspecialty Residents) who wish to submit an abstract to the CPEG Scientific Meeting, must <u>first</u> apply to be a CPEG Associate member (free).
  - Canadian-based Endocrine Fellows and Subspecialty Residents are <u>not</u> required to have a CPEG full Active Member as a co-author or supervisor on their submitted abstract.
  - For other trainees, at least one of the abstract co-author(s) <u>must</u> be a full CPEG Active member in good standing.
- Poster abstracts are open to all, but oral abstracts are only open to trainees (all types), or those who are in their first year of training
- John Bailey award (\$500) will be given for the best oral abstract, and only those who are Canadian-based Endocrine Fellows and Subspecialty Residents are eligible for this award
  - New this year, role of trainee in project was requested in submission
- Thank you to the abstract reviewers: Josephine Ho, Mark Inman, Rachel Scott, Robert Stein
- Thank you to the CPEG 2022 John Bailey Award (oral abstract) judges: Beth Cummings, Andrea Ens, Mary Jetha



- 48 abstracts submitted this year: 12 oral presentations, and 36 posters
  - Most abstracts in CPEG Scientific Meeting history.
- Thank you to Brien Wong and UoT Post-MD Education, 3<sup>rd</sup> year with CPEG
- Thank you to Melanie Henderson, the Local Chair for the Montreal team for leading planning of topics
- Thank you to the scientific committee members
- Thank you to Dan Metzger for all of the hard work with the CPEG website updates and newsletters
- CPEG 2024 will be hosted by Saskatoon Feb 8-10<sup>th</sup> 2024. Local Chair Mark Inman. Rebecca Perry Scientific Committee Chair

# • CPEN- Kristen Langdon (see her CPEN President's Report for more details)

- Membership 32 registered members, 7 not in good standing
- 4 new nurses- Jess Adams (CHEO), Teresa Damiani (Sick Kids),

Stephanie Kemp (BC Childrens), Caroline Boucher (Sainte-Justine) - CPEN Exec members:

- CPEN President: Kristen Langdon (Children's Hospital of London)
- Brenda Fraser Incoming President
- Rebecca Brooke Treasurer
- Sharon Costantini Director
- Alexis Sinclair- Secretary
- Departing Executive members
  - Rebecca Brooke, Alexis Sinclair and Sharon Costantini
  - Positions- Treasurer, Secretary and Director
- Highlights of 20222023:
  - Sept 9-10, 2022 Vancouver, first independent CPEN Conference.
    a. 24 CPEN nurses from 12 centers
  - CPEN making needles easier translated into French
    a. PDF available on CPEN website
  - CPEN education opportunities
    - a. bone health in pediatric osteoporosis, April 12, 2022, funded by Sandos Canada
- Melissa Bonoit Award-
  - Established in 2020 in loving memory of our colleague Melissa Benoit RN. Award presented to a CPEN nurse, nominated for maintaining high standards of clinical practice while advancing Pediatric Endocrine knowledge, research and patient care
    - a. Congratulations to Brenda Fraser (CHEO).



- b. Completed a video, administering Solucortef video, presented in ESPE 2020. An invaluable tool for families to review and access at the time an injection is required.
- Welcome to as incoming CPEN President

# 6. Elections/Openings on CPEG Executive Committee

- Current CPEG Executive
  - President: Diane Wherrett (transition to Past-President Feb 2023)
  - Past-President:
  - President-Elect: Rose Girgis (term end 2026)
  - Treasurer: Munier Nour (second term end Feb 2023)
  - Fellowship Chair: Preetha Krishnamoorthy (term end Feb 2024)
  - Scientific Committee Chair: Seth Marks (second term end Feb 2023), Incoming chair : Rebecca Perry (term end Feb 2025, can be renewed)
  - Secretary: Manpreet Doulla (term end Feb 2023)
  - CPEN President: Kristen Langdon (transition to past president Feb 2024)
- Currently positions needing to be filled, term ending February 2023
  - CPEG Treasurer:
    - Motion to approve Andrea Ens as CPEG treasurer
    - First: Beth Cummings, Funmbi Babalola
    - 100% approve, 0% abstain, 61 votes
  - CPEG Secretary
    - Motion to approve Manpreet Doulla as CPEG Secretary (2<sup>nd</sup> term)
    - First- Melanie Henderson and Rebecca Perry
    - 100% approval, 0% abstain, 60 votes
- Upcoming CPEG Exec positions, current terms ending in February 2024:
  - Present Elect
  - Fellowship Chair (Preetha Krishnamoorthy has option to renew term)
  - Submission of nominations for these CPEG Executive positions will close by **October 15, 2023**
  - Submit nominations to the CPEG President: Dr. Diane Wherrett (<u>diane.wherrett@sickkids.ca</u>)
  - Administrative support for CPEG to be considered as future planning.

# 7. Advocacy Grant

- Planning and partnership development for a scalable intervention to prevent diabetes ketoacidosis in children at diabetes diagnosis in Canada, Rayzie Shulman
- Concerning trend for increasing DKA rates in children in Canada
- Aim to develop an intervention that is evidence based, builds on experience, theory involved, scalable
- Completed- review and grey literature search,



- Stakeholder consultation- parent/caregivers, adolescents, educators, administrators, Canadian researchers, international researchers, beyond type 1 media experts
- Preliminary results- interventions (posters/magnets, take home cards, social media, coalition of volunteers), challenges / opportunities (little evaluation, opportunity. Narrow focus (target age), target public and providers, integrate with existing diabetes awareness programs, lack of priority for a relatively rare condition)
- Next steps- complete consultations, data analysis, co-design intervention with stakeholders, grant for feasibility pilot

# 8. Collaborative Projects/Updates/Discussions

- HHS CPSP Surveillance
  - Paul Ryan (Toronto), Jill Hamilton, Liz Sellers
  - Detect and analyse all cases of HHS in children across Canda
  - Launching in the next 6 months, 3 years
  - Melanie Henderson discussed challenges with laws in Quebec case report forms cannot be filled out without individual ethics, need institutional ethics in academic centres. So that the pediatricians can report.
  - Dr. Ahmed- similar concerns with BC
  - Dr. Wherrett discussed current CIHR effort for national REB, being led by MICYRN
  - To run a CPSP study- need health Canada approval and national REB
  - Some sites in Alberta also need REB locally.
- ADDAM
  - Constatin Polychronakos
  - Montreal Children's purpose to discover new monogenic diabetes genes in children with t1dm
  - Optimize screening algorithm for monogenic aetiologies in t1dm clinics 2020-2026- CIHR study

-Inclusion: diabetes diagnosed as type 1 before age 25, exlusion: known Positivity for T1D antibodies

-Accepting new centres. Thank you to Cheo for participation.

-Contact constantin.polychronakos@mcgill.ca

- T2DM Fellowship Elective
  - Katie Pundyk, kpundyk@hasc.mb.ca
  - 4w elective at the Children's Hospital in Winnipeg with a focus on type 2 diabetes.



- Deadline ideally by March for the next year, but can be any time
- 101 new T2Dm, 4 type 2 clinics / week, renal type 2 clinic for children with nephropathy, outreach clinics.
- Paperwork and licensing- need at least 2 months
- iCARE Paul Ryan
  - Survey to understand barriers and facilitators to use of diabetes kidney disease tools by pediatric diabetes care providers
  - Will be circulated to active CPEG members
  - Contacts: Brandy Wicklow (<u>bwicklow@hsc.mb.ca</u>), Alison Dart (<u>adart@hsc.mb.ca</u>)
- CPSP study: ONH National Surveillance Supraja Rengan (fellow). PIs Dr. Brandy Wicklow & Shazhan Amed,
  - Description: A one-year surveillance study developed in collaboration with CPSP to report new cases of optic nerve hypoplasia (ONH) and septo-optic dysplasia (SOD) in Canadian children. Data captured will include patient clinical characteristics, age at diagnosis, evidence and timing of associated pituitary hormone dysfunction (PHD) and clinical and biochemical testing relevant to the diagnosis and associated features. The aim of this study is to identify the minimum incidence of ONH and SOD at a national level, and to describe the clinical phenotype of those children. This information will be used to inform future screening and follow up guidelines to improve the care of these children.
  - Please report your cases, surveillance ends November 2021- 2022
  - 42 cases reported only 15 completed and met criteria
  - Dr. Ahmed indicates that under-reporting concerns present
  - Dr. Hamilton indicates that the online form is difficult-
  - Dr. Sellers suggests that the paper copies of the forms be posted and sent to site investigators at beginning of CPSP projects to enhance reporting and data completion
  - Sites/co-investigators: Caroline Zuijdwijk (Ottawa), Elizabeth Rosolowsky (Alberta), Ereny Baddilious (McMaster), John Mitchell (McGill), Munier Nour (Saskatchewan), Robert Stein (Western Ontario), Rachel Scott (Montreal), Irena Hozjan (Toronto), Rebecca Perry (Calgary), Teresa Pinto (Dalhousie), Ian Clark & Mubeen Rafay (Manitoba)
- GloBE Reg- Cheri Deal
  - Glasgow registry
  - Independent of any individual society. Led by Faisal Ahmed in Glasgow
  - Launched in 2022, initial focus on rhGH therapy
  - Data access committee
  - If you are interested in more information cheri.l.deal@umontreal.ca



- CHOP Thyroid Fellowship
  - Funded fellowship, 1 year
  - July 2023 applications are open
- TrialNet- Diane Wherrett
  - Greater than or equal to 2.5 years old, 1<sup>st</sup> degree relative with T1DM and <45 years old,
  - $2^{nd}$  or  $3^{rd}$  degree relative with T1DM and < 20y
  - No relative with T1D, antibody positive
  - Screening by home capillary kit or venipuncture at trialnet site or local lab, reduces barriers to participation, virtual or telephone consent
  - Tepluzumab is approved by FDA for delay in high risk individuals.
  - Individual who are antibody positive are also eligible. Trails are offered to those who are eligible
  - Contact Diane Wherrett: diane.wherrett@sickkids.ca
- CIHR JDRF type 1 Diabetes Screening Research Consortium
  - Goal to develop a single nationally coordinated research consortium to explore key research questions- feasibility and acceptability of a general population t1dm screening program in Canada
  - Due mid March
  - Many CPEG members involved, if funded will be reaching out for stakeholder consultation.
- Health Canada Pediatric Drug
  - National priority list of pediatric drugs- drugs that we can't access easilyon special access plan, not available in formulations that kids can take, drugs available in other countries and not in Canada
  - Opportunity for input
  - Contact Diane Wherrett: <u>diane.wherrett@sickkids.ca</u>
- CPSP Hypoglycemia ALL
  - Alex Ahmed
  - Data collection in Oct 2022
- CFRD
  - Kate potter
  - CF Canada and Diabetes Canada developing a national Canadian guideline for CFRD

#### 9. Center news and job openings — Diane Wherrett

- Vancouver:
  - Danya Fox had a baby girl and is on maternity leave
  - Welcome to San Basak
  - Job- posted one week ago, deadline March 15, 2023



- Contact : Shazhan Ahmed
- Vancouver Island/Victoria
  - 4 members
  - Locum opportunity in July 2023 Victoria, Campbell River, Nanaimo,
- Edmonton:
  - Welcome to Richelle Waldner
  - No positions
- Calgary:
  - Locum Sept 2023- 2024 , 0.7FTE, hospital, community based practice, fee for service
  - Contact: Carol Huang
- Saskatoon
  - No positions
  - Excited to host the CPEG Scientific Meeting. in 2024
- Winnipeg:
  - Welcome to Maria-Elena Lautatzis
  - No positions
- London:
  - Welcome to Funmbi Babalola
  - Welcome to Marina Ybarra (locum)
  - No positions
- Hamilton
  - No positions
- SickKids:
  - Welcome to Julia Sorbara
  - Welcome to Carol Lam
  - Mark Palmert is president elect of PES
  - Obesity training program- clinicians or allied health interest- funding to support salary or 6 month fellowship, information to come. Email jill Hamilton
- Windsor
  - Welcome to Alexa Marr
- Ontario Community
  - Scarborough
  - Oakville- locum for Helen Paciocco
  - Belleville has community ped endo
- Queens- Kingston
  - No announcements
- Ottawa (CHEO):



- We are fortunate to have Dr. Scott Somerville, who join our CHEO Team in a permanent position. He will be replacing Dr. Sarah Lawrence in her retirement.
- We would like to welcome Dr. Zach Zytner who has joined the Ottawa community to provide endocrine and diabetes care through a partnership with CHEO.
- 3 babies
- No positions
- Montreal: McGill
  - 2 babies
  - 2 positions open
  - 8 endocrinologists
  - Welcome Angeliki Makri
  - Welcome Anne Marie Sbrocchi
- Sherbrooke:
  - No positions
- Montreal: CHU Sainte-Justine:
  - 3 available positions
  - One position for candidate in training
  - Bone interest
  - Diabetes interest
  - New staff in bone and gender diversity
  - Courses to improve French will be free!
  - Contact Celine Huot
- Quebec city
  - No updates
- Halifax IWK:
  - 3 endos
  - Recruitment for 4<sup>th</sup>, application is closed. Interviews soon.
  - Ronelda Gillis (RN) is retiring at the end of March
  - In memoriam: Sonia Salisbury, founding member of CPEG passed away in Dec 2021.
- New Brunswick:
  - Recruiting
- St. John's
  - No positions
- Community
  - No announcements



	Group
Attendees:	
Adams	Jessica
Ahmet	Alexandra
Alos	Nathalie
Babalola	Funmbi
Bahm	Allison
Basak	Sanjukta
Bassilious	Ereny
Baxter	Carly
Benzekry	Anne
Butler	Barbara
Cavin	Rosalie
Chang	Sara
Cheng	Hooi Peng
Coles	Nicole
costantini	sharon
Cummings	Beth
Deal	Cheri
Dominguez	Gonzalo
Menendez	Alfonso
Doulla	Manpreet
Dyer	Tracey
Ens	Andrea
Fraser	Brenda
Gagne	Nancy
Galle	Jennifer
Gerber	Samantha
Gill	Harpreet
Gillis	Ronelda
Girgis	Rose
Hamilton	Jill
Henderson	Melanie
Jariwala	Poonam
Jetha	Mary
Khatchadourian	Karine
Kirsch	Susan
Krishnamoorthy	Preetha
Langdon	Kristen
Lautatzis	Maria-Elena
LeDrew	Robyn
Legault	Laurent
Lineen	Cillian
MAKRI	ANGELIKI
Manousaki	Despoina
Marks	Seth



Marr Alexa Mendes Jacqueline Metzger Daniel Mitchell John Nakhla Meranda Nordlund Sam Nour Munier Oei Krista Pabedinskas Kristina Palmert Mark Parker Rachel Perry Rebecca Polychronakos Constantin Potter Kate Pundyk Katie Rengan Supraja Riedlinger Sarah Elizabeth Rosolowsky Ryan Paul Saleh David Sbrocchi Anne Marie Sellers Elizabeth Shulman Rayzel Simoneau-Roy Judith Sinclair Alexis Julia Sorbara Stanley Joshua Stewart Laura Stock Sue Thorpe Marian Urbach Stacey Verbeeten Kate Waldner Richelle Waller Lori Jonathan Wasserman Weiman Daniel Wherrett Diane Wolfe-Wylie Meg Yang Ashlee Yau Daphne Zuijdwijk Caroline