

Delayed Puberty for Boys

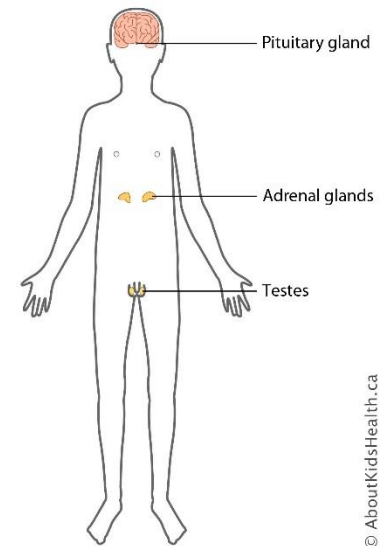
Boys generally begin puberty at 9 – 14 years of age. Hormones from the pituitary gland tell the testicles to make testosterone to begin puberty.

Puberty You Can See or Experience	Testicle and penis growth Deepening of voice Grow taller & muscle growth Mood changes Erections & ejaculation Sexual interest
Puberty You Can't See & Fertility	Sperm is made Your partner can become pregnant
Other Hormones at Work from the Adrenal Glands	Hair growth (underarm, pubic, facial) Acne & body odour
What is Delayed Puberty?	No signs of puberty (testicular growth) by the age of 14 years

How is Delayed Puberty Diagnosed?

Your healthcare team may do the following:

- Physical exam
- Family history (to see if anyone was a “late bloomer”)
- Review your growth
- X-ray of your wrist to determine bone age
- Blood test
- MRI



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How is Delayed Puberty Treated?

- You may be a “late bloomer” and may enter puberty on your own
- Hormones

What Hormones?	Testosterone
How do I Take it?	Injection Gel or Patch may be an option
What Happens to your Body?	Testicle and penis growth Deepening of voice Grow taller Mood changes Erections & ejaculation Sexual interest Muscle growth
Fertility	Sperm may or may not be produced You may need to see a fertility specialist in the future

*** Always use protection when sexually active to prevent sexually transmitted infections and pregnancy**