



_____ has adrenal
insufficiency secondary to _____
They are on the following life dependent medication(s):
Hydrocortisone: _____
Other: _____
BSA: _____m² Date: _____

**All children with confirmed or suspected adrenal
suppression must receive extra glucocorticoids in
times of physiologic stress.**

See reverse for stress dosing guidelines.

STRESS DOSING	
Endocrinologist On Call 613-737-7600 ext 0	
Adrenal crisis	Solu-Cortef 100mg/m ² (IV/IM) Call Endocrinologist on call.
Illness or low grade fever	20mg/m ² /day hydrocortisone equivalent, divided BID or TID (double maintenance)
Fever >38.5 or vomiting	30mg/m ² /day hydrocortisone equivalent, divided TID (triple maintenance)
Unable to tolerate orally	Solu-Cortef 25mg/m ² /dose q6h IV or q8h IM
Surgery	Solu-Cortef 50-100mg/m ² IV with induction (max 100 mg). Call Endocrinologist